

Lyndy was raised on a farm in the Texas Panhandle, served fifteen years in full-time ministry, worked in sales for seven years, fundraising and development for five years and raised two children with his wife of thirty years. On top of all that, he was Executive Director for a television show about marriage. He knows a thing or two about stress and its impact on the body!

For over 25 years, Lyndy Phillips has inspired people and made them laugh with his unique style of clean humor, comedy magic, and audience interaction. Growing up with variety shows like "The Carol Burnett Show," Lyndy learned how clean humor and physical comedy can be very entertaining for banquets, luncheons, and special events. When combined with his Laugh More. Stress Less. philosophy, associations and corporations experience a unique, non-industry speaker who knows how to get people laughing and reducing stress in a fun, memorable way.

Lyndy and his wife live in the Dallas/Fort Worth area. They have two grown children and two dogs, Pepper and Zuzu.

Lyndy is a and a member of The International Brotherhood of Magicians, Christian Comedy Association, Texas Farm Bureau....and Sam's Wholesale Club!!!